### BALMACARA LODGE BED AND BREAKFAST

## **BREAKFAST MENU**

Choose from a selection of cereals, fruit and natural yoghurt, fresh fruit salad or porridge made with Scottish Oats.

Porridge is made to order so please relax with a cup of tea or coffee.

Porridge can be served plain or try it with cream and honey.

NEW! Porridge served with a sprinkling of brown sugar, cinnamon and cream

Simply delicious!

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#### **Cooked Breakfast**

# OUR AWARD WINNING BUTCHER FRASER BROTHERS OF DINGWALL provides our Bacon which is DRY CURED and Pork Sausages which are both sourced from local farms and Black Pudding

Choose from bacon, sausage, black pudding, grilled tomato, hash brown (potato), Mushrooms, baked beans and egg (fried, scrambled or poached)

# We use Scottish Mushrooms, Tomatoes and Free Range Eggs

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**Scottish Smoked Salmon** and scrambled egg served with toast or Scottish oatcakes

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<u>Vegetarian Breakfast</u> – Hash brown (potato), grilled tomato, mushrooms baked beans, egg (fried, scrambled or poached)

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<u>Warm Muffins</u> – see special board for Muffin of the day Examples: Apple and Cinnamon, Blueberry, Scottish Strawberry and Raspberry

A selection of home-made bread toasted served with Angela's Home Made Jam and Marmalade using Scottish Fruits and Homemade Lemon Cheese

## WE USE SCOTTISH MILK AND BUTTER

As much tea and coffee as you like CAFETIERE OF FAIRTRADE GROUND COFFEE SCOTTISH AND FAIR TRADE TEA SELECTION OF FRUIT AND HERBAL TEAS DECAF TRADE COFFEE AND TEA ALSO AVAILABLE

WHEN EVER POSSIBLE AND WHEN IN SEASON WE USE TOP QUALITY LOCAL PRODUCE FROM THE SCOTTISH HIGHLANDS IN OUR DISHES AND ON OUR